

SOPHIA C. GARBARINO, MPH, CHES®

Curriculum Vitae

PhD Student

Department of Behavioral, Social, and Health Education Sciences

Rollins School of Public Health at Emory University

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Atlanta, GA 30322

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EDUCATION

- 2024-Present ***Doctor of Philosophy (PhD) in Behavioral, Social, and Health Education Sciences***
Rollins School of Public Health, Emory University
Department of Behavioral, Social, and Health Education Sciences (Advisor: Jessica Sales, PhD)
GPA: 4.0 / 4.0
- 2022-24 ***Master of Public Health (MPH) in Behavioral, Social, and Health Education Sciences***
Certificate in Maternal and Child Health
Rollins School of Public Health, Emory University
Department of Behavioral, Social, and Health Education Sciences
Thesis Committee: Jessica Sales, PhD (chair) and Elizabeth Walker, PhD, MPH, MAT
Thesis: Exploring providers' experiences with and perceptions of contraception guidelines implementation in Georgia Title X settings: A qualitative study
GPA: 3.99 / 4.0 (Delta Omega)
- 2019-22 ***Bachelor of Arts (BA) in Women's and Gender Studies; Sociology (double major)***
Specialization in Gender, Sexuality and Public Health
Minor in Health, Medicine, and Society
Stony Brook University
Department of Women's, Gender, and Sexuality Studies (Advisor: Liz Montegary, PhD)
Capstone: The labor of delivering gender: A case study in integrating gender and sexuality studies into medical education at Stony Brook University
Department of Sociology (Advisor: John Shandra, PhD)
Honors Thesis: Gendered death through the life cycle: Women's status predicts maternal, infant, and child mortality rates in Sub-Saharan Africa
GPA: 3.94 / 4.0 (Summa cum laude, Phi Beta Kappa)

RESEARCH EXPERIENCE

- 2024-Present **Rollins School of Public Health, Emory University, Atlanta, GA**
Graduate Research Assistant (PhD)
Topics: sexual health, mental health, violence, trauma-informed care, HIV
Hope2Action (R01 MH121962) and Trauma-informed HIV Care (R34 MH132497)
MPIs: Jessica Sales, PhD and Ameeta Kalokhe, MD, MSc
- Lead and co-author publications/presentations on trauma-informed care, violence, mental health, and sexual health services delivery among people living with HIV (PLWH) in the United States (US)
 - Collect and analyze quantitative (SAS) and qualitative (MAXQDA) data to understand and inform violence screening practices in HIV care settings across the US South, including descriptive statistics; multivariate regression; and rapid and thematic qualitative analysis
 - Provide analysis and technical support for two mixed methods studies examining implementation of mental and sexual health services delivery along the HIV care continuum in the US South

- 2024-Present **Rollins School of Public Health, Emory University, Atlanta, GA**
Graduate Research Assistant (PhD)
 Topics: contraception, adolescent health, patient-provider communication
 Strengthening Adolescent, Parent, and Health Provider Partnerships: A Triadic Approach to Support the Use of Dual Prevention Strategies Among Girls (Georgia CTSA KL2 TR002381)
 PI: Subasri Narasimhan, PhD, MPH
- Lead rapid qualitative analysis of dyadic interview data following PARRQA framework
 - Co-conduct semi-structured dyadic interviews with adolescent females and parents about sexual health communication
 - Built a repository of survey items related to demographics and attitudes, behaviors, self-efficacy, and communication related to contraception
- 2023-24 **Rollins School of Public Health, Emory University, Atlanta, GA**
Graduate Research Assistant (MPH)
 Topics: sexual health, mental health, violence, trauma-informed care, HIV
 Hope2Action (R01 MH121962)
 MPIs: Jessica Sales, PhD and Ameeta Kalokhe, MD, MSc
- Co-authored peer-reviewed publication describing experiences with violence among PLWH
 - Coded key informant interviews about violence screening using implementation science frameworks
 - Developed qualitative and quantitative codebooks in Microsoft Excel
 - Co-designed an Alchemer survey assessing violence screening implementation in HIV safety net settings across the US Southeast
 - Recruited 400+ survey participants across eight US states via email and phone call
 - Created a participant-facing infographic using Canva to disseminate study findings on the relationship between violence and HIV outcomes
- 2022-24 **Centers for Disease Control and Prevention, Atlanta, GA**
Graduate Research Assistant (MPH)
 Topics: contraception, evidence-based practice, patient-centered care, provider education
 Fertility Epidemiology Studies Team, Division of Reproductive Health
 Mentors: Kathryn Curtis, PhD and Antoinette Nguyen, MD, MPH
- Co-authored two systematic reviews on contraception safety and efficacy
 - Authored a 20+ page report and PowerPoint presentation on applying theory to the dissemination and implementation (D&I) of contraception guidelines
 - Contributed [CDC's updated contraception guidelines \(US MEC SPR\) for healthcare providers](#)
 - Screened, retrieved, and organized 5000+ abstracts/articles using PubMed, Covidence, and EndNote
 - Created Excel templates for systematic review data extraction and Risk of Bias assessments
 - Provided technical assistance to the World Health Organization (WHO)
 - Coded 75+ pages of conference transcripts to identify contraception experts' US MEC SPR implementation needs and preferences
- 2023 **Wisconsin Department of Health Services, Madison, WI**
Title V Intern
 Topics: mental health, social connections, maternal and child health
 Maternal and Infant Health Unit, Division of Public Health
 Mentors: Mary Kusch, MPH and Katrina Heche, MPH
- Co-authored a [report](#) and one-pager infographics on social connections in Wisconsin using state performance measures and survey data collected from local and tribal health agencies (LTHAs)
 - Conducted a literature review on how social connectedness impacts health and well-being
 - Created a quarterly data template that Wisconsin's state Title V team uses to update LTHAs on social connections-related activity and partnerships
 - Presented findings to key stakeholders from LTHAs

2019-22

Laboratory for Clinical Affective Neuroscience, Stony Brook University, Stony Brook, NY

Undergraduate Research Assistant

Topics: affective neuroscience, developmental psychology, mental health, COVID-19
iPANDA (R01 MH097767), SHAPE (R01 MH119310), RAPID (NSF 2032386) and other studies

PI: Brady Nelson, PhD

- Scheduled and tracked recruitment of 400+ participants across three clinical psychology studies via phone call, text, and email using Google Calendar, Google Sheets, RippleScience, and LifeData
- Managed 5,000+ confidential records in five databases including REDCap and Excel
- Collected clinical EEG, biological, and survey data independently and in teams
- Trained 10+ RAs in daily lab operations after elevating to an advanced paid role in less than one year
- Updated databases regularly to improve usability and quality control

RESEARCH TRAINING AND PROJECTS

Nell Hodgson Woodruff School of Nursing, Emory University, Atlanta, GA

2025-Present *Predoctoral Trainee*

Project TIDAL (R25 NR021324)

Topics: intimate partner violence [IPV], perinatal health, digital health interventions, big data analytics

MPIs: Sangmi Kim, PhD, MPH, RN and Ran Xiao, PhD, MS

- Train in data mining, process, analysis, and visualization using R
- Learn to develop, deploy, and disseminate trauma-informed digital health tools (e.g., apps)
- One of 20 selected for a competitive program training early-career researchers to harness data science and digital health technologies to reduce maternal morbidity and mortality caused by IPV

Rollins School of Public Health, Emory University, Atlanta, GA

PhD Student

Spring 2025 Advanced Statistical Methods Class Projects

- Conduct confirmatory factor analyses (Mplus) to validate a measure of capability to conduct IPV screening among primary HIV care safety net settings in the US Southeast
- Prepare manuscripts to submit for peer-reviewed publication

Fall 2024 Logistic Regression Brief Report

- Designed and conducted a theory-informed quantitative analysis examining the impact of IPV (i.e., assault, sexual, injury) on HIV care outcomes among 133 PLWH in Atlanta, GA
- Drafted a first-author brief report for submission to a peer-reviewed journal
- Performed multivariate logistic regression, bivariate, and univariate analyses in SAS 9.4

MPH Student

Spring 23-24 MPH Thesis

- Designed and conducted a qualitative study exploring GA Title X provider experiences and attitudes toward US MEC SPR implementation, in partnership with the Georgia Family Planning System (GFPS)
- Received the 2024 Charles C. Shepard Award, awarded annually to the graduating master's student deemed by Rollins faculty to have written the most scholarly research paper
- Secured two student grants (total \$1,500) from Emory University to fund direct costs (i.e., participant compensation, student assistant)
- Interviewed 20 Title X providers on their perspectives of multilevel barriers and facilitators of US MEC SPR implementation then conducted rapid (Google Sheets) and thematic analysis (Dedoose)
- Disseminated findings in a first-author publication (in press) and three conferences

Spring 2024 Program Evaluation

- Co-designed and co-conducted a program evaluation of the Emory Office of Well-Being (EmWELL) Microgrant Program in a team of five students
- Built and collected primary data using a short survey instrument to assess grantees' program satisfaction and project progress six months after fund disbursement
- Presented findings to key partners/stakeholders in a written report, infographic, and PowerPoint

- Fall 2023 Community Assessment
- Designed and conducted a community assessment of wheelchair accessibility needs and assets at Grady Women's Health Center (GWHC), Atlanta, GA in a team of six students
 - Interviewed eight clinical staff about their experiences with and attitudes toward caring for patients who use wheelchairs at GWHC
 - Triangulated qualitative findings with windshield survey data and wheelchair accessibility literature
 - Presented findings in a 50+ page community assessment report and PowerPoint presentation
- Spring 2023 Qualitative Mini-Study
- Designed and conducted a mini qualitative study on US MEC SPR implementation using semi-structured interviews with three healthcare providers
 - Conducted thematic analysis using MAXQDA to identify implementation barriers and facilitators
 - Presented findings in a manuscript-style paper and guest lecture (Spring 2025)
- Spring 2023 Quantitative Poster Project
- Explored the relationship between fathers' mental health status and child emotionality and shyness
 - Performed logistic regression in SAS 9.4 using Future of Families and Child Wellbeing Study data
 - Conducted a literature review on parental mental health and child development
 - Presented findings in a conference-style poster presentation
- Fall 2022 Quantitative Lab Project
- Investigated the relationship between gender, white blood cell count, and medical history
 - Cleaned a small dataset and conducted a two-sample t-test and Chi-Square test using SAS 9.4
 - Presented findings in a brief, manuscript-style paper

Stony Brook University, Stony Brook, NY

Undergraduate Student

- Spring 21-22 Sociology Honors Thesis
- Examined gender-related determinants of maternal, infant, and child mortality rates in 46 low- and middle-income nations in Sub-Saharan Africa
 - Performed linear regressions in SPSS using publicly available World Bank and Freedom House data
 - Presented findings at a local poster symposium and in a manuscript-style, 30+ page paper
- Fall 2021 Women's and Gender Studies Capstone
- Designed and conducted a qualitative study exploring gender- and sexuality-inclusivity in clinical education programs
 - Interviewed six faculty healthcare providers on their experiences with gender- and sexuality-inclusivity in school and clinical practice
 - Presented findings at a local poster symposium and in a manuscript-style, 20+ page paper
- Spring 2021 Psychology Independent Research Project
- Designed and conducted a quantitative study on peer social support predictors of mental health among ~300 adolescent females during the COVID-19 pandemic using ANOVA in SPSS
 - Presented findings in a conference poster, PowerPoint, and self-published article

PUBLICATIONS

**Asterisk indicates joint first authorship*

Peer-Reviewed

1. **Garbarino, S.C.**, Kokubun, C.W., Anderson, K.M., Carlson, M.S., Ellison, C., Hadera, S., Kalokhe, A.S., & Sales, J.M. (2025). Violence experience among cis-gender women living with HIV in Atlanta, Georgia: Impact on HIV-related health and their preferences for violence screening and support. *Frontiers in Public Health*, 13. <https://doi.org/10.3389/fpubh.2025.1521493>
2. **Garbarino, S.C.**, Walker, E.R., Kottke, M.J., Mekonen, H., & Sales, J.M. (2025). Title X provider experiences with and perceptions of contraception guidelines implementation in Georgia: A qualitative study. *Women's Health Issues*. In press. <https://doi.org/10.1016/j.whi.2025.02.004>

3. Sales, J.M., Anderson, K.M., Livingston, M.D., **Garbarino, S.**, Hadera, S., Rose, E.S., Carlson, M.S., & Kalokhe, A.S. (2024). Experiences of childhood, intimate partner, non-partner, and hate crime-related violence among a sample of people living with HIV in the epicenter of the US HIV Epidemic. *Frontiers in Public Health*, 12. <https://doi.org/10.3389/fpubh.2024.1331855>
4. Curtis, K.M., Nguyen, A.T., Tepper, N.K., Zapata, L.B., Snyder, E.M., Hatfield-Timajchy, K., Kortsmitt, K., Cohen, M.A., Whiteman, M.K., & **Contributors** (2024). US Selected Practice Recommendations for Contraceptive Use, 2024. *MMWR Recommendations and Reports*, 73(3), 1–77. <https://doi.org/10.15585/mmwr.rr7303a1>
5. Nguyen, A.T., Curtis, K.M., Tepper, N.K., Kortsmitt, K., Brittain, A.W., Snyder, E.M., Cohen, M.A., Zapata, L.B., Whiteman, M.K., & **Contributors** (2024). US Medical Eligibility Criteria for Contraceptive Use, 2024. *MMWR. Recommendations and Reports*, 73(4), 1–126. <https://doi.org/10.15585/mmwr.rr7304a1>

Non-Peer Reviewed

1. **Garbarino, S.C.** (2025). It's time to address pain during IUD placement [Opinion]. *UNAID Journal of Health Equity*, 3, 51–52. <https://www.aidjournal.org/journal>
2. de Koter, Y.,* & **Garbarino, S.*** (2024). *The state of social connectedness in Wisconsin: October 2024* [Report]. Maternal and Infant Health Unit, Bureau of Community Health Promotion, Division of Public Health, Wisconsin Department of Health Services. <https://www.dhs.wisconsin.gov/mch/mch-social-connections-report.pdf>
3. **Garbarino, S.** (2023). *US medical eligibility criteria for contraceptive use and US selected practice recommendations for contraceptive use: Dissemination and implementation summary report* [Report]. Fertility Epidemiology Studies Team, Women's Health and Fertility Branch, Division of Reproductive Health, National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention.
4. **Garbarino, S.** (2020, December 5). There are good reasons to put pronouns in your social media profiles [Opinion]. *Connecticut Post*. <https://www.ctpost.com/opinion/article/Opinion-There-are-good-reasons-to-put-pronouns-15778394.php>

Manuscripts Under Review or In Preparation

1. Anderson, K.M., Carlson, M.S., **Garbarino, S.C.**, Kalokhe, A.S., & Sales, J.M. Implementation of trauma-informed care into clinical HIV prevention and care settings: A decade of limited progress. *Current HIV/AIDS Reports*. [Under review, resubmitted with revisions Mar. 2025].
2. Kapp, N., Tepper, N.K., Nguyen, A.T., **Garbarino, S.**, Kortsmitt, K., Curtis, K.M., & Whiteman, M.K. Safety of hormonal contraception among women with liver disease: An updated systematic review. *Contraception*. [Under review, resubmitted with revisions Apr. 2025].
3. Tufa, T.H., Snyder, E., Wolderufael, M., **Garbarino, S.C.**, Steyn, P., & Zapata, L.B. Safety of non-pharmacological interventions to ease IUD placement: A systematic review. *BMJ Sexual & Reproductive Health*. [Under review, submitted Apr. 2025].
4. Kalokhe, A.S., Anderson, K.M., Carlson, M.S., Ellison, C., **Garbarino, S.C.**, Hadera, S., Kokubun, C.W, Rose, E., & Sales, J.M. Patient Preferences for Violence Screening in HIV Care Settings. *AIDS & Behavior*. [Under review, submitted Feb. 2025].
5. **Garbarino, S.C.**, Walker, E.R., Williams, P., Kottke, M.J., & Sales, J.M. Contraception guidelines implementation: A qualitative application of the Consolidated Framework for Implementation Research 2.0. [In preparation for submission to *Global Implementation Research and Applications*].

Features in Other Media

1. Crosier, S. (2025, April 3). *CDC contraception guidelines improve access to care at Georgia Title X clinics*. Emory University Rollins School of Public Health News, <https://sph.emory.edu/news/news-release/2025/04/cdc-contraception-guidelines-title-x.html>
2. Association of Schools & Programs of Public Health [ASPPH]. (2025, April 10). *Member Research & Reports*. <https://aspph.org/category/member-research-reports/>

PRESENTATIONS

**Asterisk indicates presenter for presentations with multiple authors*

Oral Presentations

1. **Garbarino, S.C.** (2025, March 7). *Theories and frameworks for contraception counseling behaviors among providers: A review of the literature* [Oral presentation]. Eastern Sociological Society Annual Mini-Conference on the Sociology of Reproduction, Boston, MA.
2. **Garbarino, S.C.** (2025, January). *Experiences and lessons from my mini study* [Guest lecture]. BSHES 538 Qualitative Methods, Rollins School of Public Health, Emory University, Atlanta, GA.
3. **Garbarino, S.C.** (2024, September 19). *Understanding how to improve US contraception guidelines implementation in Georgia Title X settings: A qualitative study* [Oral presentation]. Georgia Family Planning System Annual Meeting, Savannah, GA.
4. **Garbarino, S.C.** (2024, May 8). *Exploring providers' experiences with and perceptions of contraception guidelines implementation in Georgia title x settings: A qualitative study* [Oral presentation]. Charles C. Shepard Award Finalists Symposium, Rollins School of Public Health, Emory University, Atlanta, GA.
5. **Garbarino, S.C.** (2022, October 13). *Socialization of gender* [Guest lecture]. SOC 101 Introduction to Sociology, Emory College of Arts and Sciences, Emory University, Atlanta, GA.
6. **Garbarino, S.C.** (2021, May 5). *Adolescent peer relationships and mental health during the COVID-19 pandemic* [Oral presentation]. Stony Brook University Psychology Department Conference, Stony Brook, NY.

Posters

7. **Garbarino, S.C.,*** Kokubun, C., Ellison, C., Mekonen, H., Anderson, K.M., Kalokhe, A.S., & Sales, J.M. (2025, April 16). *Screening for post-traumatic stress disorder: Implications for workforce development along the HIV care continuum* [Poster]. Society for Public Health Education Annual Conference, Long Beach, CA.
8. **Garbarino, S.C.,*** Walker, E.R., Williams, P., & Sales, J.M. (2024, October 27). *Exploring providers' experiences with and perceptions of contraception guidelines implementation in Georgia Title X settings: A qualitative study* [Poster]. American Public Health Association Annual Meeting & Expo, Minneapolis, MN.
9. **Garbarino, S.C.** (2024, April 15). *An evaluation of CDC's efforts to disseminate and implement the US Contraception Guidelines, 2010-2022* [Poster]. 2024 Outstanding Applied Practice Experience Award Symposium, Rollins School of Public Health, Emory University, Atlanta, GA.
10. **Garbarino, S.C.** (2022, May 3). *Gendered death through the life cycle: Women's status predicts maternal, infant, and child mortality rates in Sub-Saharan Africa* [Poster]. Stony Brook University Undergraduate Research and Creative Activities [URECA] Spring Symposium, Stony Brook, NY.
11. **Garbarino, S.C.** (2022, May 3). *The labor of delivering gender: A case study in integrating gender and sexuality studies into medical education at Stony Brook University* [Poster]. URECA Spring Symposium, Stony Brook, NY.
12. **Garbarino, S.C.** (2021, May 5). *Adolescent peer relationships and mental health during the COVID-19 pandemic* [Poster]. Stony Brook University URECA Spring Symposium, Stony Brook, NY.

Panels

13. *Community as the classroom: Assessment and evaluation in Behavioral, Social, and Health Education Sciences [BSHES]*. (2024, March 28). Department of BSHES, Rollins School of Public Health, Emory University, Atlanta, GA.
14. *Exploring health equity topics with BSHES students: Student panel*. (2024, March 7). Department of BSHES, Rollins School of Public Health, Emory University, Atlanta, GA.
15. *Maternal and child health [MCH] applied practical experience panel*. (2024, February 2). MCH Certificate Program, Rollins School of Public Health, Emory University, Atlanta, GA.
16. *Scholars: Beyond the classroom panel*. (2021, November 4). University Scholars Honors Program, Stony Brook University, Stony Brook, NY.

GRANT FUNDING

Total funding: \$2,000

- 2023-24 **Emory Prevention Research Center**, Emory University
Mini-Grant for Community-Engaged Student Research (PI, \$1,000)
A qualitative study of US Contraception Guidelines implementation in Georgia Title X settings
This grant supported my MPH thesis exploring Title X providers' experiences with and attitudes toward contraception guidelines implementation, for which I was awarded the [2024 Charles C. Shepard Award](#). Up to two graduating master's students are nominated by each department for this award every year. A faculty panel selects one student deemed to have written the most outstanding scholarly paper.
- 2023-24 **Department of Behavioral, Social, and Health Education Sciences**, Emory University
Health Equity Research & Practice Award (PI, \$500)
A qualitative study of US Contraception Guidelines implementation in Georgia Title X settings
This grant supported my MPH thesis. I also reviewed Spring 2024 grant applications.
- 2023 **Student Fund for Inclusivity and Belonging**, Emory University
Belonging & Community Justice Mini Grant (\$200)
SEX-cessive: Educating Emory students about disability and sexual health
Secured on behalf of the Emory Reproductive Health Association (ERHA), this grant partially funded an event fostering inclusive discussions on disability and sexual health for about 50 students.
- 2020-22 **Division of Undergraduate Education**, Stony Brook University
Undergraduate Research and Creative Activities Small Grant (PI, \$300)
Brooklogue: Stony Brook University Undergraduate Journal for Humanities and Social Sciences
This grant established Stony Brook University's first undergraduate journal dedicated to humanities and social sciences. The journal disseminates student work, provides professional development opportunities, and helps students gain experience in academic publishing.

HONORS, AWARDS, AND SCHOLARSHIPS

Total awarded: \$127,560

Emory University

- 2024-29 Laney Graduate School Fellowship (\$12,500)
- 2022-24 Rollins Pathway Scholarship (\$25,000)
- 2022-24 Rollins Earn and Learn Award (\$12,000)
- 2024 Charles C. Shepard Award
- 2024 Leadership, Engagement, and Development Award
- 2024 Graduate Student Organization of the Year
- 2024 Delta Omega Honorary Society in Public Health
- 2023 Outstanding Applied Practice Experience Award (\$50)

Stony Brook University

- 2019-22 Presidential Merit Scholarship (100% tuition; \$74,470)
- 2019-22 Dean's List (six consecutive semesters)
- 2019-22 University Scholars Honors Program
- 2022 Summa cum laude
- 2022 Activism and Academic Excellence Award
- 2022 Jesse Tepper Award (\$1,500)
- 2022 Upstander Award
- 2022 Academic Achievement Award
- 2022 Phi Beta Kappa Honor Society

Professional Affiliations

2024-25	Student Membership Scholarship (\$50; Society of Family Planning)
2025	21 st Century Student Scholarship (\$1,500; Society for Public Health Education)
2024	National Commission for Health Education Credentialing [NCHEC] Infographic Contest, 2 nd Place (\$50)
2023	Helen P. Cleary Scholarship (\$440; NCHEC)

CERTIFICATIONS AND TRAININGS

Exp. 2029	Certified Health Education Specialist (NCHEC, ID# 40144)
Exp. 2026	Seizure Recognition and First Aid
Exp. 2026	Basic Human Subjects Protection: Biomedical Focus (CITI)
Exp. 2025	Basic Human Subjects Protection: Social/Behavioral Focus (CITI)
Rec. 2024	Public Health Approaches to Abortion (Emory University)
Rec. 2024	Training in the Ethical Conduct of Research for Humanities (Emory University)
Rec. 2023	HIPAA Privacy, Security, and Research (Emory University)
Rec. 2022	Introduction to Systematic Review and Meta Analysis (Johns Hopkins University)
Rec. 2020	Green Dot; Red Watch Band; and Question, Persuade, Refer (QPR)

TEACHING AND MENTORING EXPERIENCE

2022-Present	Emory University , Atlanta, GA <i>Graduate Teaching Assistant</i>
Fall 2025	BSHES 526: Program Planning in Health Promotion <ul style="list-style-type: none">• 24 MPH students, 1 session, in person• Co-grade and provide feedback on assignments (e.g., program proposal, presentation)• Guest lecture on at least two topics related to health program planning
Spring 2025	BSHES 538: Qualitative Methods for Research and Evaluation <ul style="list-style-type: none">• 27 MPH students, 1 session, online asynchronous• Co-grade and provide feedback on written assignments (e.g., literature review, interview guide)• Guest lectured on experiences and lessons learned from a qualitative study
Spring 2024	SOC 101: Introduction to Sociology <ul style="list-style-type: none">• 60 undergraduate students, 1 session, online synchronous• Graded essays, exams, participation, and attendance for all students
Fall 2023	BSHES 500: Behavioral and Social Sciences in Public Health <ul style="list-style-type: none">• 100 MPH/MSPH students, 1 session, online asynchronous• Led a team of four graduate teaching assistants• Graded assignments for 25 students (e.g., discussion boards, essays)
Spring 2023	SOC 389: Special Topics - Work and Occupations <ul style="list-style-type: none">• 60 undergraduate students, 2 sessions, in person• Graded essays and exams for all students
Fall 2022	SOC 101: Introduction to Sociology <ul style="list-style-type: none">• 60 undergraduate students, 1 session, in person• Guest lectured on the socialization of gender• Graded essays, exams, and attendance for all students
Summer 2024	Rollins School of Public Health/Emory School of Medicine , Emory University, Atlanta, GA <i>Facilitator and Mentor</i> Health Professions Readiness Education Program (HealthPREP; hybrid) <ul style="list-style-type: none">• 25 undergraduate/post-baccalaureate/master's students interested in health graduate degrees• Co-designed public health curriculum for HealthPREP, including final project and progress reports• Developed and solo instructed three class sessions (lit reviews, qual methods, program evaluation)• Mentored five students interested in health-related professions (e.g., resume/CV review)• Coordinated with 10+ guest speakers both in person and virtually

- 2020-22 **Stony Brook University**, Stony Brook, NY
University Scholars Honors Program Fellow
- Completed a one-semester training course in DEI-centered educational practices
 - Spearheaded a Scholars Advisory Board initiative to encourage student volunteerism
 - Interviewed candidates for the 2021 fellowship application cycle
- 2020-21 **Stony Brook University**, Stony Brook, NY
Undergraduate Teaching Assistant
- Fall 2021 SOC 248: Social Problems in Global Perspective
- 300 undergraduate students, 1 session, online asynchronous
 - Led an online, synchronous exam study session with 100+ students
 - Led a team of four undergraduate teaching assistants
- Spring 2021 SOC/WST 247: Sociology of Gender
- 200 undergraduate students, online asynchronous
 - Graded discussion boards and assignments for all students
- Fall 2020 SCH 101: Introduction to Stony Brook
- 20 undergraduate students, 1 session, in person
 - Developed interactive course materials on transitioning to college life
 - Led weekly class sessions for all students, including lectures and group activities
- Summer 2019 **American Medical Response**, Bridgeport, CT
Assistant Emergency Medical Technician-Basic (EMT-B) Instructor
 EMT-B Certification Course
- 60 students (age 16-40+), 2 sessions, in person
 - Taught basic life support (BLS) skills to EMT-B students including CPR, AED, bleeding control, trauma assessment, medical history taking, splinting, patient-provider rapport, and 911 scene management
 - Prepared students for state and national EMT-B skill exams
 - Communicated with students of diverse age, background, and professional/career goals

LEADERSHIP EXPERIENCE

- 2023 **Emory Reproductive Health Association**, Emory University, Atlanta, GA
Treasurer
- Secured a \$200 grant to support a sexual health and disability education event
 - Managed a \$17,000+ budget and all supply orders using Google Sheets and Campus Labs
 - Co-coordinated seven highly-attended student-focused events promoting sexual and reproductive health, justice, and education
 - Collaborated with Emory offices/student organizations on events, tabling, and community outreach
 - Awarded Graduate Student Organization of the Year for our contributions to the Emory community
 - Peer nominated for Graduate Student Leader of the Year
- 2023 **BLKHLTH**, Atlanta, GA
Notetaker
- Took detailed notes at a one-day curriculum design workshop, contributing to the Fall 2024 [launch of the Advil Pain Equity Course](#) at Morehouse School of Medicine
 - Engaged with public health, clinical experts, and medical students during panel discussions and brainstorming sessions about pain equity education
- 2022 **Undergraduate Student Government**, Stony Brook University, Stony Brook, NY
Director of Diversity, Equity, and Inclusion (DEI) Affairs
- Authored USG's first-ever annual DEI report about funding, events, initiatives, and advocacy work
 - Organized Stony Brook's first-ever Interfaith Gala, a student event promoting spiritual/religious DEI

- Hosted four podcast episodes on Instagram interviewing faculty and students about DEI topics
- Designed DEI-related Instagram posts using Canva (e.g., Black History Month, Lunar New Year)

2021-22

Center for Prevention and Outreach, Stony Brook University, Stony Brook, NY

Green Dot Peer Educator

- Educated 75+ students about sexual and interpersonal violence (SIPV) via virtual workshops
- Created social media content promoting SIPV awareness using Canva
- Led students in an annual Walk of Hope to raise suicide awareness

2020-22

Brooklogue: Undergraduate Journal for Humanities and Social Sciences, Stony Brook University

Founder, President, and Editor-in-Chief

- Secured a \$300 grant to found Stony Brook University's first undergraduate journal for humanities and social sciences
- Managed 25+ student staff members and entire publication process
- Coordinated student events focused on humanities, social sciences, and professional development
- Built an online journal platform in WordPress, reaching readers in 20+ countries
- Self-published 10+ essays and articles covering gender studies, sociology, and public health ([here](#))

COMMUNITY SERVICE

2022

March of Dimes, Atlanta, GA

Volunteer

Igniting Impact Together Summit: Birthing Equitable Communities Summit

- Facilitated attendee check-in process and set up evening poster reception
- Learned about doula equity, adolescent sex education, and racial birthing equity

2021

The Center for Family Justice, Bridgeport, CT

Camp HOPE Intern and Volunteer

- Completed 40+ hour certification about sexual/interpersonal violence (SIPV) advocacy and CT laws
- Prepared mental/physical health educational resources for Camp HOPE campers (ages 7 - 17)
- Researched disproportionate SIPV rates among Black trans people using a public health framework

2019

Bridgeport Hospital Emergency Department, Bridgeport, CT

Patient Care Volunteer

- Provided high quality medical care to 100+ patients in the emergency department under the direct supervision of emergency medicine hospital providers
- Assisted with taking medical histories, non-invasive procedures, and general patient care
- Learned about the structure of hospital ED healthcare, including how to work in interprofessional teams comprising nurses, physicians, PAs, ED technicians, and other healthcare specialists

2018-19

Trumbull Emergency Medical Services, Trumbull, CT

Emergency Medical Technician (EMT-B) Volunteer

- Provided high-quality, basic life support care to 150+ patients at a municipal 911 ambulance service
- Supported paramedics in giving advanced life support care on critical 911 calls
- Taught emergency medicine skills to EMT-B students

SOFTWARE SUMMARY

Statistical

SAS (advanced), R (beginner), Stata (beginner)

Survey

Alchemer, REDCap

Research

MAXQDA, Dedoose, Covidence, EndNote, SciWheel, LifeData, RippleScience

General

Adobe Acrobat, Microsoft Office 365 (Excel, Word, PowerPoint, OneNote, Teams, Forms, Bookings), Google Workspace (Sheets, Docs, Slides, Forms, Calendar, Drawings), Canvas, Canva, Zoom

RESEARCH SKILLS SUMMARY

Quantitative	Simple/multivariate regression (in SAS, R, Stata) Bivariate and univariate analysis (in SAS, R) Data cleaning (in SAS, R) Data visualization (in SAS, R, Canva) Survey development and implementation (in Alchemer, REDCap, Google/Microsoft Forms)
Qualitative	Thematic textual analysis, inductive/deductive coding, coding to consensus (in MAXQDA, Dedoose) Rapid qualitative analysis matrices (in Microsoft Excel, Google Sheets) Semi-structured, in-depth, key informant interviews Data management
Mixed	Manuscript, abstract, poster, slides preparation Using qualitative methods to inform, support, or expand upon quantitative findings Data triangulation
General	Literature review Communicating scientific information/findings to diverse audiences Community assessment Conceptual and logic models Program planning and evaluation Theory-driven research Grant writing

GRADUATE COURSEWORK

Doctoral level

- BSHES 700: Applied Data Methods in Behavioral, Social, and Health Education Sciences
- BSHES 710: Research Designs in the Behavioral and Social Sciences
- BSHES 712: Grant Writing and Research Ethics
- BSHES 714: Proposal Development I (Fall 2025)
- BSHES 716: Teaching in Public Health (Fall 2025)
- BSHES 721: Applying Theory to Public Health Research and Practice
- BSHES 725: Health Promotion Interventions
- BSHES 728: Advanced Statistical Methods in Behavioral and Social Sciences
- BSHES 732: Structural Equation Modeling
- PUBH 701: Public Health Sciences

Master's level

- BIOS 500: Statistical Methods I with Lab
- BIOS 544: Introduction to R
- BSHES 520: Theory Driven Research and Practice
- BSHES 524: Community Assessment
- BSHES 526: Program Planning in Health Promotion
- BSHES 530: Program Evaluation
- BSHES 532: Quantitative Data Analysis
- BSHES 538: Qualitative Methods for Research and Evaluation
- BSHES 540: Research Methods in Health Promotion
- BSHES 542: Socio-Behavioral Measurement (Fall 2025)
- BSHES 579: History of Public Health
- BSHES 596: Foundations in Maternal and Child Health
- EH 500: Perspectives in Environmental Health
- EPI 504: Fundamentals of Epidemiology
- EPI 508: Maternal and Child Health Leadership Seminar
- EPI 509: Health Equity in Systems of Care for Children with Special Health Care Needs

- EPI 590R: Systematic Review, Meta-Analysis, & Meta-Research (Fall 2025)
- GH 500: Critical Issues in Global Health
- GH 530: Global Elimination of Maternal Mortality from Abortion
- HPM 500: Introduction to the US Health Care System
- HPM 502: Introduction to Healthcare Management

PROFESSIONAL AFFILIATIONS

Memberships

2024-Present	Delta Omega Honorary Society in Public Health
2024-Present	Eastern Sociological Society
2024-Present	Georgia Public Health Association
2024-Present	National Commission for Health Education Credentialing (NCHEC)
2023-Present	Society of Family Planning (SFP) <ul style="list-style-type: none"> • 2025-Present, Annual Meeting Committee
2023-Present	Society for Public Health Education (SOPHE) <ul style="list-style-type: none"> • Expected start Jun. 2025, Publications Committee
2022-Present	American Public Health Association (APHA) <ul style="list-style-type: none"> • Maternal and Child Health Special Interest Group (MCH SIG) • Sexual and Reproductive Health Special Interest Group (SRH SIG)
2022-Present	Phi Beta Kappa Honor Society

Peer Reviewer

2025-Present	APHA, Annual Meeting, SRH SIG abstracts
2025	SFP, Annual Meeting session abstracts
2025	Sociological Forum
2024	Journal of Women's Health
2024	BSHES Health Equity Research & Practice Award Application Cycle, Emory University
2021	University Scholars Fellowship Application Cycle, Stony Brook University